



# Garden City Marriage & Family Therapy

520 Franklin Avenue, Suite 213

Garden City, NY 11530

(516) 248-0580

[www.gardencitymft.com](http://www.gardencitymft.com)

## *WELCOME To Our Practice*

### **Individual Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Referred by: \_\_\_\_\_ Can we thank them for the referral?  
\_\_\_\_yes \_\_\_\_no

Occupation: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

EMERGENCY CONTACT (name/tel #): \_\_\_\_\_

Have you ever been married? \_\_\_\_yes \_\_\_\_no If yes, to whom and for how long? \_\_\_\_\_

Do you have any children? \_\_\_\_yes \_\_\_\_no If yes, please list below (name & ages):

\_\_\_\_\_

Is there any other person (besides spouse/children) living in your household: \_\_\_\_yes  
\_\_\_\_no

If yes, please give their names and their relationship to you

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Counseling History

Dates: From: \_\_\_\_\_ To: \_\_\_\_\_

With Whom? \_\_\_\_\_

For What? \_\_\_\_\_

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Who is your Physician? \_\_\_\_\_

Basic Health: \_\_\_\_good \_\_\_\_fair \_\_\_\_poor When was your last physical exam? \_\_\_\_\_

Have you ever been hospitalized? \_\_\_\_yes \_\_\_\_no If so, for what? \_\_\_\_\_

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Are you taking any medication at this time? \_\_\_\_yes \_\_\_\_no If yes, what? \_\_\_\_\_

Are you taking any over-the-counter medications, herbs, supplements, etc.? \_\_\_\_yes \_\_\_\_no If yes, what? \_\_\_\_\_

Do you have any physical, emotional, or mental condition now or in the past that I need to be aware of? \_\_\_\_yes \_\_\_\_no If yes, what? \_\_\_\_\_

**CURRENT REASON FOR SEEKING COUNSELING:**

Briefly describe the problem for which you wish to have counseling? \_\_\_\_\_  
\_\_\_\_\_

What would you like to see happen as a result of counseling?  
\_\_\_\_\_  
\_\_\_\_\_

The thing which concerns me the most right now is? \_\_\_\_\_  
\_\_\_\_\_

Would you like to be added to our mailing list? \_\_\_\_yes \_\_\_\_no

**POLICY**

IT IS CUSTOMARY TO PAY YOUR THERAPIST AT EACH SESSION.

A COUNSELING SESSION IS NORMALLY 45 MINUTES.

24-HOUR CANCELLATION NOTICE IS APPRECIATED; OTHERWISE 50% OF THE FEE WILL BE CHARGED.

I UNDERSTAND THAT SUICIDAL THREATS, HOMICIDAL THREATS OR CHILD ABUSE BY AN ADULT TO A CHILD WILL BE REPORTED.

I UNDERSTAND AND GIVE PERMISSION TO MY THERAPIST TO SEEK CLINICAL SUPERVISION OR CONSULTATION ABOUT MY SITUATION WHEN NECESSARY.

Signature: \_\_\_\_\_

Please print name: \_\_\_\_\_

Date: \_\_\_\_\_